

Level 3 Health Care In 2005

2005 has seen the introduction of the two new streams for Manutention in Health Care Level 3.

For those of you who may be unsure of the new structure here is a brief outline.

Health Care Level 3 now consists of two streams, Aged Care and Acute Care. Instead of the previous four modules there are now 2 modules for each stream:

Aged Care Basic - 4 days
Aged Care Advanced - 4 days
And
Acute Care SGT - 4 days
(Specific Gestural Training)
Acute Care CA
(Clinical Applications) 4 days

This has enabled trainees to focus on either area or both.

Workplace Trainer or Trainer's status can be reached by completing either stream plus the extra final assessment. Or, by completing both streams with both final assessments.

If you are unsure of which stream would be most suitable for you, just ask for one of our Trainers to contact you so that you can discuss your individual training needs and what area would suit you best. Ph: 9271 6723.

Details also on our Website:
www.manutention.org.au

Manutention is not just for the workplace.

Many Manutention Practitioners have learnt about Manutention through the workplace. With employers responsible for duty of care, employees have been introduced to the advantages of manual handling training.

Those of us, who are aware of the short and long term advantages of knowing how to lift safely, physically shudder when we see manual handling done incorrectly.

The association was recently contacted by a course participant who thought a Manutention short course would be a wonderful gift to her self employed husband. He ran his own plumbing business and was without the advantage of having employers implementing training to meet their duty of care.

The pressure on those who are self employed, to do the job and get it done quickly, is immense. Many people are unaware of the long term problems associated with bad manual handling practises done when they are "young and fit".

Unfortunately we did not have a short course available at the time to suit this particular situation. We hope that in the future the benefits of Manutention will reach everyone in all workplaces, in the home, the garden and in recreation.

NOTICE BOARD

CHANGE OF EMAIL ADDRESS

There have been several members email addresses that are no longer active.

If you have changed address let us know so you don't miss out on any Manutention news!

CONES FOR LOADS TRAINING Cheaper for members

If you would like to purchase any cones contact Joy Crudeli on 0428 448 420 or joy@myaccess.com.au

IFAP SAFETY WA CONFERENCE & EXHIBITION 15th & 16th November 2005 Check out their website for details www.ifap.asn.au

Counterbalance

The NEWSLETTER of the AAMP(WA)INC



MANUTENTION

August 2005

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THE NEW LOOK

Dear Members,

Welcome to your "new look" newsletter.

The committee felt it was time to update and provide some extra features to make "Counterbalance" a better read and a more useful source of information to our valued members.

One of the new features is our Notice Board on page 4. If you have any news that may be of interest to our readers let us add it to the Notice Board in our next edition.

This issue we are also welcoming three new Trainers who have now reached their full accreditation and are up and running AAMP(WA) and private courses.

As we are all aware we seem to be inundated with information that we need to access easily. The AAMP(WA) is confident that the clearer layout will make "Counterbalance" more user friendly and easier to read.

The contents list will make looking back through your copies easier when you want to look up that piece of news or an article that was in a previous issue.

It is always a bonus to break up the day with a bit of humour. We have included a bit of fun on page 3. If you have a joke, photo or cartoon that will provide some light relief for your fellow members send it in.

Kind regards,
The AAMP(WA) Committee

WELCOME TO THREE NEW MANUTENTION TRAINERS

The Manutention Association would like to congratulate Joy Crudeli, Danielle Barratt and Kelli Parker on their achieving Trainers status in both Health Care and Loads streams of Manutention.

Joy has also joined the committee and being based in Albany is now a perfect representative of our country practitioners and Trainers. Joy's background is in Nursing with 25 yrs experience until suffering a back injury in 2000.

After going through the usual return to work programs without any improvement in her back, Joy commenced Manutention training. She is now back to her previous full life, including sport.

Joy teaches swimming part time, does Nursing again part time and states that Manutention gave back her career in nursing. Joy is also a Trainer assessor for the cert 2 & 3 traineeships for the AMA, Own's SafeSmart Manual Handling & makes Load simulators in her spare time. On top of this she owns Allgrow Landscaping & Retiulation with her husband.

With three boys aged 14, 11 & 8 Joy is pleased to say she can also kick a football!

Danielle graduated as a physiotherapist nearly 9 years ago

Continued over page.

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www.manutention.org.au

BOOK NOW!

Loads 2	July 27, 28, 29, 30 CANCELLED To be rescheduled in early 2006
Health Care Level 2	September 7, 8, 9 & 16, 17
Professional Development	September 30th Friday 2 - 6pm (Polyhandicapped) Filling fast!
Max Abric Course	October - Booking Via AAMP National
Acute Care SGT	October 19, 20, 21, 22
Aged Care Basic	October 26, 27, 28, 29
Loads 3	November 9, 10, 11, 12
Acute Care CA	November 16, 17, 18, 19
Aged Care Advanced	November 23, 24, 25, 26

For the complete yearly schedule please contact the Administration Assistant on 9271 6724 or Email: design42@inet.net.au

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and has worked in a variety of teaching settings since. Primarily out patients, women's health and back pain management. For the last 3 years she has been working as a manual handling consultant at EDC, SCGH. During which time she has also been running training sessions in Medical Terminology, Assertiveness and Communications.

Danielle began her training in manual handling and patient handling four years ago, when the physiotherapy principles of moving a patient or load just did not work for her. She completed a half day session primarily for physiotherapy and was hooked! Manutention worked!

From then on she has been completing her training over the past 3 years via the support of EDC and her daily role. Now Danielle intends on pursuing Manutention both in the public and private arena and potentially overseas.

"With out Manutention principles my life just would not function as easily. I love it!!" Says Danielle.

Kelli Parker has attained trainers status and has joined the AAMP(WA) committee as well. Another very welcome new committee member.

Kelli has worked at The Cerebral Palsy Association of WA for 5 years. Initially as a carer until she moved on to coordinate and manage adult recreation. Following this Kelli became the Assistant Manager for CPA's Employment Services and now works as the Staff Development Officer (head of training) which she has been doing for 2 years.

Since being exposed to Manutention for 5 years in the workplace, Kelli has now been practising Manutention for 3 years.

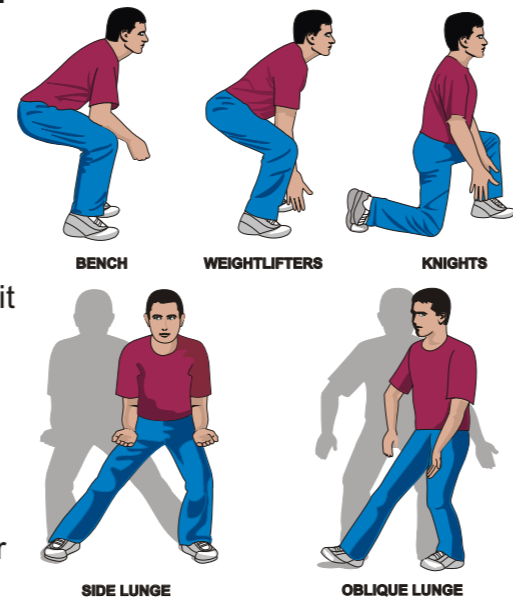
Supported by CPA, Kelli now runs in-house Manutention courses for all staff in both Loads and Healthcare and is currently studying OSH externally to support the MH training.

NEW MANUTENTION POSTERS NOW AVAILABLE

To the right are some examples of how the new posters look. The re-design has taken some time but it has been well worth the wait as the final results show.

Order forms are available from the Association. Just contact Jo at Admin.

So look out for them at your workplace!



USING THE MANUTENTION LOGO TO PROMOTE TRAINER'S PRIVATE COURSES.

To continue in our endeavour to promote Manutention as the first choice method of Manual Handling in Australia we would like to encourage our Trainer's to use our logo on their business cards and promotional material for private courses.

The more the name Manutention is seen "out there" the better!

We would also like to impress on your clients that you are a registered Manutention Practitioner and a Member of the association.

The wider use of the logo is part of the overall promotion of Manutention. With benefits for the Association in encouraging more members and for our Trainers & Practitioners to have their hard earned skills respected and preferred in their work place and on their courses.

For guidelines on the use of the logo please contact the Administration Assistant.

Email Etiquette

Now that so many of us are using email, here are a few tips on making it an easier and more polite way of corresponding.

1. Always put the relevant subject in the subject line. If you just press "reply" on a previous email about something else your new message may be missed or confused.
2. Always sign your name. Many people have the same initial! It also enables the receiver to quickly identify you, saving precious time.
3. If sending very large attachments (over 2MB) make sure the person you are sending to has broadband.

Let us know of any other tips you can offer.



DON'T FORGET TO RENEW YOUR MEMBERSHIP!
The AAMP(WA) would like to thank you for your ongoing support in the training and promotion of Manutention

AAMP(WA) Inc. VISION & MISSION STATEMENT

The Manutention Association continually works towards fulfilling its Vision and Mission Statement. For those of you who may not be aware of our aims, here they are:

Vision:

For Manutention to be the **FIRST CHOICE** for Manual Handling Training and Practice in WA.

For Manutention to be recognised as **BEST PRACTICE** in manual handling industry.

Mission:

We will provide quality, competency-based training in all aspects of Manutention within the framework of Occupational Health and Safety legislation.

All Trainers will be committed to maintaining and increasing their level of expertise through continuing education and mandatory re-accreditation.

We will promote and support research activities to evaluate the Manutention approach.

We recognise the importance of our individual members and will assist them in professional development.

Our members will be committed to the vision and mission of the Association.

The Need for Manual Handling Training in the Courier & Removalist Industry.

Earlier this week the AAMP(WA) arranged to have some equipment moved to a different premises for storage, so we arranged for a courier with a small truck to move the 3 heavy tables.

We were pleasantly surprised at the skill of this particular courier even though he had not had any formal training in manual handling.

However it did remind me of when I moved house several years ago and how untrained the removalists were. We have a very heavy, rather large jarrah desk which they insisted on carrying with one man each end. They managed to get it into the hallway but refused to carry it into the next room.

I wish they had seen us move it later. Without a trolley we utilised a boot skate on which we were able to easily balance the desk and wheel it into the study. We were very pleased with ourselves! And so were our backs.

Remember to check out our website.

Our chat line is up and running. Log on and introduce yourself, ask some questions, give some answers. It's there for all of us. Benefit from the experiences of other Manutention practitioners and spread some of your wisdom.
[www.manutention.org .au](http://www.manutention.org.au)



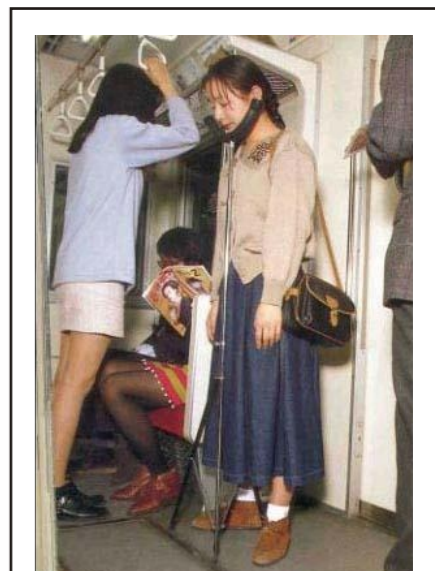
PROFESSIONAL DEVELOPMENT SHORT COURSES.

WHAT DO OUR MEMBERS WANT?

The Association will soon be planning our schedule for 2006 and we want to include a strong emphasis on Professional Development short courses that will provide our Trainers and Practitioners with valuable experience in keeping their skills at the highest level.

Let us know what PD's **YOU** would like.

CALL 9271 6723 & let the committee know or send us an email at design42@iinet.net.au.



The trains in Japan must stop more gently than in Australia!



Spot the hazard!